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				%	PB
					15
, 2012 (14),					4
50m	13.	**33.77**	417	34.00	01.01.1800	101%
100m	13.	**1:12.73**	409	1:13.00	01.01.1800	101%
200m	7.	**2:34.61**	445	2:36.00	01.01.1800	102%
100m	25.	**1:17.60**	358	1:18.00	01.01.1800	101%

, 2011 (15), — -

					%
50m	7.	28.29	525	27.00	01.01.1800	91%
50m	1.	30.42	570	30.00	01.01.1800	97%
100m	3.	1:06.67	531	1:06.00	01.01.1800	98%
50m	3.	29.95	510	29.00	01.01.1800	94%

, 2012 (14), — 3

					%
50m	27.	**36.14**	329	36.50		102%
100m	22.	1:19.86	331	1:19.00	01.01.1800	98%
200m	22.	**2:49.86**	354	2:54.00	01.01.1800	105%
100m	55.	**1:12.80**	310	1:14.00	01.01.1800	103%

, 2008 (18), — -

					%
50m	7.	25.07	500	24.00	01.01.1800	92%
100m	9.	54.45	558	53.00	01.01.1800	95%
100m	7.	1:00.17	518	57.50	01.01.1800	91%
50m	4.	26.40	526	26.00	01.01.1800	97%

, 2009 (17), — -

					%
50m	8.	28.34	522	28.00	01.01.1800	98%
100m	11.	1:03.52	495	1:01.50	01.01.1800	94%
200m	11.	2:17.02	521	2:16.00	01.01.1800	99%
50m	8.	31.51	438	30.00	01.01.1800	91%

, 2010 (16), — 1

					%
50m	19.	29.82	448	29.00	01.01.1800	95%
200m	7.	2:15.23	542	2:14.00	01.01.1800	98%
400m	8.	4:48.40	508	4:46.00	01.01.1800	98%
50m	12.	**32.61**	395	33.00	01.01.1800	102%
200m	5.	2:31.87	513	2:29.00	01.01.1800	96%

, 2012 (14), — 2

					%
50m	56.	28.47	341	28.00	01.01.1800	97%
100m	61.	**1:02.71**	365	1:04.00	01.01.1800	104%
50m	27.	**31.15**	320	32.00	01.01.1800	106%

, 2011 (15), — 1

					%
50m	23.	34.48	378	34.00	01.01.1800	97%
100m	17.	1:15.14	398	1:15.00	01.01.1800	100%
200m	20.	**2:45.74**	381	2:52.00	01.01.1800	108%
100m	40.	1:08.93	365	1:08.00	01.01.1800	97%

, 2012 (14), — 3

					%
50m	70.	29.41	309	27.50	01.01.1800	87%
100m	71.	**1:05.95**	314	1:06.00	01.01.1800	100%
50m	29.	**37.22**	301	39.00	01.01.1800	110%
100m	62.	**1:14.92**	284	1:16.00	01.01.1800	103%

, 2011 (15), — -

					%
50m	12.	28.44	517	27.50	01.01.1800	93%
100m	8.	1:02.71	514	1:01.50	01.01.1800	96%
100m	4.	1:09.79	492	1:09.00	01.01.1800	98%
200m	10.	2:42.10	422	2:30.00	01.01.1800	86%

, 2009 (17), — 1

					%
50m	17.	30.05	398	29.00	01.01.1800	93%
100m	11.	1:02.00	473	1:02.00	01.01.1800	100%
200m	6.	**2:13.10**	499	2:14.00	01.01.1800	101%

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, 2007 (19), — -

					%
50m	5.	24.98	505	24.50		96%
100m	19.	56.46	500	54.50		93%
50m	5.	27.93	496	27.00		93%
100m	10.	1:01.53	484	59.00	01.01.1800	92%

- - — 13

, 2009 (17), — 1

					%
100m	27.	**57.84**	465	58.29	01.01.1800	102%
50m	7.	28.40	471	28.13	01.01.1800	98%
100m	9.	1:01.21	492	1:01.07	01.01.1800	100%

" - ", 25

Alt-timing

200m		8.	2:15.77	470	2:15.72	01.01.1800	100%
,	, 2009 (17),						1
50m		14.	**25.39**	481	25.50	01.01.1800	101%
100m		23.	57.25	480	56.50	01.01.1800	97%
100m		10.	1:03.40	469	1:03.00	01.01.1800	99%
200m		11.	2:24.23	430	2:20.00	01.01.1800	94%
,	, 2009 (17),						-
50m		8.	37.03	449	36.00	01.01.1800	95%
100m		6.	1:19.66	479	1:18.00	01.01.1800	96%
200m		5.	2:54.68	436	2:49.50	01.01.1800	94%
100m		27.	1:18.03	352	1:14.50	01.01.1800	91%
200m		14.	2:50.68	361	2:45.00	01.01.1800	93%
,	, 2010 (16),						-
50m		29.	26.57	420	26.00	01.01.1800	96%
100m		33.	58.15	458	57.00	01.01.1800	96%
100m		30.	1:06.61	404	1:05.00	01.01.1800	95%
,	, 2010 (16),						3
50m		22.	**31.00**	362	31.18	01.01.1800	101%
100m		21.	**1:06.60**	382	1:06.61	01.01.1800	100%
200m		13.	**2:22.72**	405	2:22.78	01.01.1800	100%
100m		9.	1:10.89	474	1:10.50	01.01.1800	99%
200m		8.	2:33.68	477	2:33.50	01.01.1800	100%
,	, 2009 (17),						-
50m		6.	31.45	499	31.00		97%
100m		7.	1:08.75	519	1:07.50	01.01.1800	96%
200m		23.	2:53.27	333	2:33.00	01.01.1800	78%
,	, 2010 (16),						2
50m		18.	**25.72**	463	26.30	01.01.1800	105%
100m		29.	58.03	461	56.80	01.01.1800	96%
50m		12.	**28.64**	412	29.00	01.01.1800	103%
,	, 2010 (16),						-
50m		1.	32.94	638	32.60	01.01.1800	98%
100m		1.	1:13.18	618	1:12.20	01.01.1800	97%
50m		1.	29.24	548	28.50	01.01.1800	95%
100m		1.	1:04.60	543	1:04.00	01.01.1800	98%
,	, 2012 (14),						1
50m		18.	29.79	450	29.00	01.01.1800	95%
100m		9.	**1:03.23**	501	1:03.50	01.01.1800	101%
50m		10.	33.11	442	32.00	01.01.1800	93%
100m		8.	1:10.78	444	1:10.00	01.01.1800	98%
100m		13.	1:13.00	430	1:13.00	01.01.1800	100%
,	, 2009 (17),						1
100m		10.	54.67	551	53.00	01.01.1800	94%
100m		5.	**59.34**	540	1:00.00	01.01.1800	102%
100m		5.	59.60	512	58.00	01.01.1800	95%
,	, 2009 (17),						-
50m		7.	31.50	496	31.00	01.01.1800	97%
100m		4.	1:08.03	536	1:08.00	01.01.1800	100%
200m		5.	2:29.19	522	2:28.00	01.01.1800	98%
,	, 2008 (18),						-
50m		1.	28.98	638	28.60	01.01.1800	97%
100m		1.	1:03.05	673	1:01.70	01.01.1800	96%
200m		2.	2:22.90	594	2:18.00	01.01.1800	93%
,	, 2009 (17),						-
50m		11.	28.41	518	28.00	01.01.1800	97%
100m		14.	1:03.86	487	1:02.35	01.01.1800	95%
50m		6.	31.09	456	30.62	01.01.1800	97%
100m		17.	1:13.95	413	1:13.00	01.01.1800	97%
,	, 2008 (18),						1
50m		51.	27.93	361	26.00	01.01.1800	87%
100m		48.	1:00.22	412	59.00	01.01.1800	96%
400m		23.	4:43.74	418	4:35.00	01.01.1800	94%
100m		28.	**1:06.51**	406	1:07.00	01.01.1800	101%
,	, 2008 (18),						-
50m		19.	25.75	461	25.00	01.01.1800	94%
100m		17.	56.17	508	55.00	01.01.1800	96%
50m		10.	32.82	439	32.00	01.01.1800	95%
100m		11.	1:03.47	468	1:01.00	01.01.1800	92%
,	, 2008 (18),						1
100m		10.	**1:03.26**	501	1:05.00	01.01.1800	106%
200m		10.	2:16.78	524	2:11.00	01.01.1800	92%
200m		3.	2:30.31	529	2:29.00	01.01.1800	98%
400m		4.	5:19.65	510	5:15.00	01.01.1800	97%

" - ", 25   Alt-timing

, 2009 (17),   -

50m	16.	28.94	490	27.00	01.01.1800	87%
100m	15.	1:04.04	483	1:03.00	01.01.1800	97%
100m	14.	1:13.41	423	1:12.00	01.01.1800	96%

, 2010 (16),   1

50m	22.	26.12	442	25.00	01.01.1800	92%
50m	5.	**30.97**	522	31.00	01.01.1800	100%
100m	5.	1:08.07	535	1:07.00	01.01.1800	97%
200m	6.	2:30.30	510	2:27.00	01.01.1800	96%
50m	8.	27.60	460	27.00	01.01.1800	96%
100m	6.	1:01.98	502	1:01.00	01.01.1800	97%

, 2008 (18),   -

50m	11.	32.93	434	32.00	01.01.1800	94%
200m	9.	2:35.84	458	2:30.00	01.01.1800	93%
100m	31.	1:06.62	404	1:04.00	01.01.1800	92%

, 2008 (18),   1

50m	13.	25.28	487	25.25	01.01.1800	100%
100m	21.	56.61	496	56.30	01.01.1800	99%
50m	8.	**31.66**	489	32.00	01.01.1800	102%
100m	14.	1:04.30	450	1:03.68	01.01.1800	98%

- - -1   6

, 2010 (16),   -

50m	39.	27.21	391	26.83	01.01.1800	97%
100m	55.	1:00.77	401	59.00	01.01.1800	94%
50m	30.	32.23	322	31.37	01.01.1800	95%
50m	31.	31.43	312	29.00	01.01.1800	85%
100m	36.	1:08.60	370	1:08.00	01.01.1800	98%

, 2011 (15),   2

50m	32.	**37.87**	285	38.00		101%
100m	24.	1:20.72	321	1:20.00	01.01.1800	98%
100m	58.	**1:13.82**	297	1:14.00	01.01.1800	100%
400m	7.	5:54.77	289	5:44.00	01.01.1800	94%

, 2011 (15),   -

50m	40.	32.57	344	31.00	01.01.1800	91%
100m	37.	1:12.81	328	1:11.00	01.01.1800	95%
200m	25.	2:40.30	325	2:37.00	01.01.1800	96%
400m	21.	5:43.56	301	5:36.00	01.01.1800	96%
100m	46.	1:24.92	273	1:24.00	01.01.1800	98%

, 2011 (15),   1

50m	66.	29.10	319	29.00	01.01.1800	99%
50m	26.	**35.66**	342	38.00	01.01.1800	114%
100m	26.	1:22.22	303	1:20.00	01.01.1800	95%
100m	68.	1:17.01	262	1:12.00	01.01.1800	87%

, 2012 (14),   1

50m	13.	32.74	390	31.00	01.01.1800	90%
100m	19.	**1:14.35**	407	1:14.50	01.01.1800	100%
200m	9.	2:40.88	432	2:36.00	01.01.1800	94%
400m	7.	5:44.37	408	5:40.00	01.01.1800	97%

, 2009 (17),   -

50m	19.	34.36	338	32.00	01.01.1800	87%
100m	6.	1:17.48	314	1:15.00	01.01.1800	94%
100m	30.	1:19.41	334	1:16.00	01.01.1800	92%

, 2012 (14),   2

50m	6.	36.42	472	36.00	01.01.1800	98%
100m	8.	1:20.21	469	1:19.00	01.01.1800	97%
50m	20.	**34.56**	332	36.00	01.01.1800	109%
100m	21.	1:14.86	398	1:13.00	01.01.1800	95%
400m	9.	**6:01.08**	354	6:10.00	01.01.1800	105%

, 2011 (15),   -

50m	33.	26.72	413	26.00	01.01.1800	95%
100m	39.	58.86	442	58.55	01.01.1800	99%
100m	56.	1:12.93	308	1:07.00	01.01.1800	84%

, 2012 (14),   -

50m	44.	32.82	336	32.00	01.01.1800	95%
100m	46.	1:15.13	299	1:13.00	01.01.1800	94%
50m	27.	38.69	236	36.00	01.01.1800	87%
100m	44.	1:24.54	277	1:23.00	01.01.1800	96%

, 2010 (16),   -

50m	42.	32.71	339	30.00	01.01.1800	84%
100m	44.	1:14.19	310	1:14.00	01.01.1800	99%
50m	23.	36.36	285	35.00	01.01.1800	93%
100m	41.	1:23.00	292	1:20.00	01.01.1800	93%

" - ", 25   Alt-timing

,		, 2010 (16),						-
50m		45.	27.56	376	27.00	01.01.1800	96%	
100m		45.	1:00.08	415	59.00	01.01.1800	96%	
200m		35.	2:17.24	370	2:13.00	01.01.1800	94%	

- 1								17
,	, 2009 (17),							1
50m		45.	32.83	336	32.00	01.01.1800	95%	
100m		34.	1:12.11	338	1:08.00	01.01.1800	89%	
50m		22.	**35.74**	300	40.00	01.01.1800	125%	
100m		35.	1:21.79	305	1:20.00	01.01.1800	96%	
,	, 2012 (14),							1
400m		20.	4:43.29	420	4:40.00	01.01.1800	98%	
50m		27.	31.86	334	30.50	01.01.1800	92%	
100m		23.	1:06.75	379	1:06.00	01.01.1800	98%	
200m		19.	**2:29.71**	384	2:30.00	01.01.1800	100%	
,	, 2010 (16),							1
200m		9.	1:59.95	555	1:58.00	01.01.1800	97%	
400m		5.	4:17.19	562	4:12.00	01.01.1800	96%	
800m		2.	8:53.65	562	8:35.00	01.01.1800	93%	
1500m		2.	17:03.17	567	16:30.00	01.01.1800	94%	
200m		5.	**2:13.63**	540	3:00.00	01.01.1800	181%	
400m		4.	4:40.40	587	4:35.00	01.01.1800	96%	
,	, 2012 (14),							-
50m		41.	27.40	383	27.00	01.01.1800	97%	
100m		47.	1:00.18	413	59.50	01.01.1800	98%	
200m		33.	2:15.51	385	2:12.00	01.01.1800	95%	
400m		27.	4:51.74	385	4:45.00	01.01.1800	95%	
100m		49.	1:11.37	329	1:10.00	01.01.1800	96%	
200m		22.	2:36.53	336	2:32.00	01.01.1800	94%	
,	, 2012 (14),							2
50m		77.	**30.72**	271	31.00	01.01.1800	102%	
50m		40.	**41.65**	214	42.00		102%	
50m		38.	34.10	244	33.00	01.01.1800	94%	
100m		30.	1:15.90	248	1:13.00	01.01.1800	93%	
100m		71.	1:17.60	256	1:14.00	01.01.1800	91%	
200m		23.	2:42.82	299	2:36.00	01.01.1800	92%	
,	, 2008 (18),							1
50m		25.	**35.19**	356	36.00		105%	
100m		18.	1:16.16	382	1:16.00	01.01.1800	100%	
200m		18.	2:44.33	390	2:42.00	01.01.1800	97%	
100m		46.	1:09.60	354	1:07.00	01.01.1800	93%	
200m		20.	2:33.67	355	2:25.00	01.01.1800	89%	
,	, 2011 (15),							1
200m		19.	2:08.77	449	2:08.00	01.01.1800	99%	
800m		9.	**9:23.50**	477	9:35.00	01.01.1800	104%	
1500m		9.	18:11.78	466	18:00.00	01.01.1800	98%	
200m		15.	2:43.50	396	2:40.00	01.01.1800	96%	
100m		16.	1:05.90	379	1:04.00	01.01.1800	94%	
100m		32.	1:07.21	394	1:06.00	01.01.1800	96%	
200m		13.	2:25.78	416	2:24.00	01.01.1800	98%	
,	, 2010 (16),							-
400m		28.	4:52.54	381	4:50.00	01.01.1800	98%	
100m		27.	1:09.37	338	1:08.00	01.01.1800	96%	
200m		19.	2:32.05	335	2:24.00	01.01.1800	90%	
50m		32.	31.50	310	31.00	01.01.1800	97%	
100m		28.	1:10.94	304	1:10.00	01.01.1800	97%	
,	, 2010 (16),							-
50m		38.	27.16	393	26.50	01.01.1800	95%	
100m		31.	58.09	459	58.00	01.01.1800	100%	
200m		30.	2:13.01	407	2:08.00	01.01.1800	93%	
400m		25.	4:47.65	401	4:35.00	01.01.1800	91%	
800m		21.	10:11.64	373	9:45.00	01.01.1800	91%	
,	, 2010 (16),							2
100m		36.	58.49	450	57.00	01.01.1800	95%	
200m		12.	2:04.72	494	2:04.00	01.01.1800	99%	
50m		14.	29.54	419	29.50	01.01.1800	100%	
100m		17.	**1:03.59**	439	1:04.00	01.01.1800	101%	
200m		10.	2:20.46	425	2:20.00	01.01.1800	99%	
100m		10.	**1:03.15**	431	1:04.00	01.01.1800	103%	
,	, 2009 (17),							-
50m		11.	29.23	432	29.00	01.01.1800	98%	
100m		12.	1:02.01	473	1:02.00	01.01.1800	100%	
200m		10.	2:36.49	452	2:30.00	01.01.1800	92%	

" - ", 25			Alt-timing

200m		7.	2:18.17	489	2:16.00	01.01.1800	97%
, 2010 (16),							1
100m		23.	**1:19.43**	314	1:25.00	01.01.1800	115%
100m		17.	1:29.78	335	1:28.00	01.01.1800	96%
200m		13.	3:15.97	309	3:05.00	01.01.1800	89%
, 2011 (15),							-
200m		31.	2:14.36	395	2:10.00	01.01.1800	94%
200m		12.	2:40.29	421	2:38.00	01.01.1800	97%
50m		18.	29.47	378	29.00	01.01.1800	97%
100m		38.	1:08.68	369	1:06.00	01.01.1800	92%
200m		16.	2:27.05	405	2:24.00	01.01.1800	96%
, 2010 (16),							-
50m		69.	29.35	311	29.00	01.01.1800	98%
200m		37.	2:17.42	369	2:16.00	01.01.1800	98%
400m		29.	4:52.67	381	4:50.00	01.01.1800	98%
800m		23.	10:23.31	352	10:10.00	01.01.1800	96%
50m		37.	32.94	271	32.00	01.01.1800	94%
, 2011 (15),							3
50m		21.	**36.92**	319	37.00	01.01.1800	100%
100m		22.	**1:19.01**	319	1:20.00	01.01.1800	103%
200m		15.	**2:50.73**	330	2:54.00	01.01.1800	104%
100m		45.	1:24.68	275	1:22.00	01.01.1800	94%
, 2012 (14),							3
50m		46.	**32.85**	335	33.00	01.01.1800	101%
100m		36.	1:12.45	333	1:11.00	01.01.1800	96%
200m		17.	**2:54.61**	308	2:55.00	01.01.1800	100%
100m		42.	**1:23.89**	283	1:25.00	01.01.1800	103%
, 2012 (14),							1
50m		31.	**31.48**	381	31.50	01.01.1800	100%
100m		28.	1:09.19	383	1:08.00	01.01.1800	97%
200m		20.	2:31.10	389	2:30.00	01.01.1800	99%
, 2011 (15),							-
50m		15.	28.88	493	28.00	01.01.1800	94%
100m		16.	1:04.18	479	1:03.00	01.01.1800	96%
100m		7.	1:09.82	463	1:09.00	01.01.1800	98%
100m		12.	1:11.92	449	1:10.00	01.01.1800	95%
, 2006 (20),							-
100m		11.	54.68	551	53.00	01.01.1800	94%
200m		5.	1:56.86	600	1:56.00	01.01.1800	99%
200m		2.	2:10.39	582	2:10.00	01.01.1800	99%
, 2012 (14),							-
50m		25.	30.74	409	30.50	01.01.1800	98%
100m		21.	1:18.92	320	1:16.00	01.01.1800	93%
200m		14.	2:50.26	333	2:45.00	01.01.1800	94%
50m		21.	34.83	324	34.00	01.01.1800	95%
100m		32.	1:20.03	326	1:17.00	01.01.1800	93%
- 2							6
- , 2012 (14),							1
200m		22.	2:45.12	261	2:45.00	01.01.1800	100%
50m		35.	**38.30**	276	40.00	01.01.1800	109%
100m		28.	1:24.08	284	1:20.00	01.01.1800	91%
200m		25.	3:01.73	289	2:55.00	01.01.1800	93%
100m		66.	1:16.46	267	1:14.00	01.01.1800	94%
, 2010 (16),							1
100m		18.	1:14.80	376	1:13.00	01.01.1800	95%
100m		10.	1:21.97	440	1:21.00	01.01.1800	98%
200m		6.	2:58.94	405	2:55.00	01.01.1800	96%
100m		22.	**1:15.98**	381	1:16.00	01.01.1800	100%
, 2012 (14),							1
50m		24.	30.63	414	29.50	01.01.1800	93%
100m		24.	1:07.21	417	1:04.00	01.01.1800	91%
200m		18.	2:25.04	439	2:24.00	01.01.1800	99%
400m		13.	5:00.04	451	5:00.00	01.01.1800	100%
800m		7.	**10:18.37**	460	10:20.00	01.01.1800	101%
1500m		5.	20:03.26	430	19:40.00	01.01.1800	96%
, 2009 (17),							-
100m		25.	1:08.47	395	1:07.00	01.01.1800	96%
100m		17.	1:14.75	377	1:13.00	01.01.1800	95%
, 2011 (15),							3
200m		39.	**2:18.87**	358	2:22.00	01.01.1800	105%
400m		26.	**4:48.65**	397	4:50.00	01.01.1800	101%
800m		20.	**10:02.25**	391	10:10.00	01.01.1800	103%

" - ", 25   Alt-timing

100m		65.	1:16.07	271	1:14.00	01.01.1800	95%

, 2011 (15   ),   -

50m		79.	30.81	269	30.50	01.01.1800	98%
100m		84.	1:10.67	255	1:08.00	01.01.1800	93%
100m		74.	1:18.14	250	1:17.00	01.01.1800	97%

5

, 2011 (15   ),   -

800m		10.	10:21.84	452	9:50.00	22.01.2026	90%
1500m		6.	20:05.73	427	19:30.00	22.01.2026	94%
400m		6.	5:36.68	436	5:30.00	22.01.2026	96%

, 2011 (15   ),   4

50m		57.	**28.58**	337	31.00	22.01.2026	118%
100m		54.	**1:00.69**	403	1:01.00	22.01.2026	101%
200m		34.	**2:16.51**	376	2:17.00		101%
50m		24.	**30.63**	337	31.00	22.01.2026	102%
100m		18.	1:07.26	356	1:05.00	22.01.2026	93%

, 2011 (15   ),   1

50m		15.	33.96	410	31.60	22.01.2026	87%
100m		12.	1:12.58	412	1:10.00	22.01.2026	93%
200m		10.	2:39.68	403	2:30.00	22.01.2026	88%
100m		5.	**1:16.73**	324	1:18.00	22.01.2026	103%

, 2012 (14   ),   -

50m		22.	30.26	429	30.00	22.01.2026	98%
50m		7.	36.51	469	35.70	22.01.2026	96%
100m		5.	1:19.30	486	1:15.00	22.01.2026	89%
100m		16.	1:13.65	418	1:12.00	22.01.2026	96%

, 2011 (15   ),   -

200m		2.	2:57.51	303	2:50.00	22.01.2026	92%
100m		28.	1:18.37	347	1:18.00	22.01.2026	99%
200m		12.	2:46.40	390	2:45.00	22.01.2026	98%
400m		8.	5:52.96	379	5:50.00	22.01.2026	98%

, 2008 (18   ),   -

100m		23.	1:20.19	327	1:18.00	22.01.2026	95%
50m		26.	31.10	322	29.00	22.01.2026	87%
100m		32.	1:17.27	235	1:12.00	22.01.2026	87%
100m		59.	1:13.98	295	1:11.00	22.01.2026	92%

22

, 2009 (17   ),   2

50m		12.	25.24	490	24.80	01.01.1800	97%
800m		15.	9:45.93	424	9:00.00	01.01.1800	85%
50m		2.	30.25	561	29.80	01.01.1800	97%
100m		3.	**1:05.69**	595	1:05.90	01.01.1800	101%
200m		3.	**2:25.57**	562	2:26.00	01.01.1800	101%
100m		5.	1:01.39	517	1:00.00	01.01.1800	96%

, 2012 (14   ),   2

100m		81.	1:10.12	261	1:10.00	01.01.1800	100%
200m		57.	**2:41.29**	228	2:49.00	01.01.1800	110%
400m		37.	**5:44.41**	234	6:00.00	01.01.1800	109%
50m		41.	41.89	211	41.00	01.01.1800	96%
100m		33.	1:32.73	211	1:26.00	01.01.1800	86%

, 2010 (16   ),   1

100m		52.	1:00.57	405	58.00	01.01.1800	92%
200m		20.	2:08.93	447	2:06.00	01.01.1800	96%
800m		3.	9:00.26	541	9:00.00	01.01.1800	100%
1500m		5.	17:44.17	504	17:15.00	01.01.1800	95%
100m		11.	**1:03.51**	423	1:06.00	01.01.1800	108%
100m		44.	1:09.41	357	1:06.00	01.01.1800	90%

, 2012 (14   ),   3

200m		28.	**2:12.47**	412	2:38.00	01.01.1800	142%
400m		17.	**4:36.46**	452	4:39.00	01.01.1800	102%
800m		13.	9:30.24	460	9:30.00	01.01.1800	100%
100m		29.	1:10.35	324	1:08.00	01.01.1800	93%
200m		16.	**2:25.56**	382	2:55.00	01.01.1800	145%

, 2012 (14   ),   1

800m		25.	10:27.12	346	9:40.00	01.01.1800	86%
50m		31.	32.53	313	32.00	01.01.1800	97%
100m		25.	1:08.80	346	1:07.00	01.01.1800	95%
200m		17.	**2:26.19**	377	2:38.00	01.01.1800	117%
100m		29.	1:12.08	289	1:10.00	01.01.1800	94%
100m		53.	1:12.76	310	1:12.00	01.01.1800	98%

"   -   ", 25   Alt-timing

, 2011 (15),						3
400m	34.	**5:23.19**	283	5:25.58	01.01.1800	101%
800m	32.	10:50.60	310	10:50.00	01.01.1800	100%
50m	36.	39.65	249	36.00	01.01.1800	82%
100m	29.	**1:26.11**	264	1:27.21	01.01.1800	103%
100m	69.	**1:17.26**	259	1:18.90	01.01.1800	104%
, 2012 (14),						3
50m	36.	**31.95**	364	32.67	01.01.1800	105%
50m	10.	39.58	368	38.90	01.01.1800	97%
100m	13.	**1:26.62**	373	1:27.24	01.01.1800	101%
200m	10.	**3:08.96**	344	3:09.50	01.01.1800	101%
50m	18.	34.20	343	33.80	01.01.1800	98%
100m	23.	1:17.12	364	1:16.25	01.01.1800	98%
, 2011 (15),						-
100m	20.	1:06.19	437	1:06.00	01.01.1800	99%
400m	11.	4:59.52	454	4:55.00	01.01.1800	97%
1500m	8.	20:28.50	404	19:50.00	01.01.1800	94%
100m	16.	1:13.95	389	1:13.00	01.01.1800	97%
200m	9.	2:38.15	415	2:35.00	01.01.1800	96%
, 2010 (16),						2
800m	14.	11:26.87	335	11:10.00	01.01.1800	95%
50m	9.	39.08	382	37.50	01.01.1800	92%
100m	11.	**1:23.50**	416	1:25.00	01.01.1800	104%
400m	11.	**6:06.86**	337	6:20.00	01.01.1800	107%
, 2008 (18),						4
100m	48.	**1:00.22**	412	1:00.28	01.01.1800	100%
200m	42.	2:20.44	346	2:20.00	01.01.1800	99%
400m	31.	5:05.77	334	4:50.00	01.01.1800	90%
800m	27.	**10:32.75**	337	10:43.00	01.01.1800	103%
100m	14.	**1:05.26**	390	1:06.21	01.01.1800	103%
100m	33.	**1:07.88**	382	1:08.16	01.01.1800	101%
, 2012 (14),						1
800m	12.	11:03.83	371	10:20.00	01.01.1800	87%
1500m	9.	21:01.84	372	20:15.00	01.01.1800	93%
100m	20.	1:17.44	339	1:15.00	01.01.1800	94%
50m	14.	33.00	381	32.00	01.01.1800	94%
100m	4.	**1:15.54**	339	1:18.00	01.01.1800	107%
, 2011 (15),						-
100m	62.	1:02.94	361	1:02.00	01.01.1800	97%
800m	31.	10:46.35	316	10:30.00	01.01.1800	95%
100m	32.	1:12.53	295	1:11.00	01.01.1800	96%
100m	25.	1:09.63	321	1:09.00	01.01.1800	98%
, 2008 (18),						-
50m	16.	25.55	472	24.00	01.01.1800	88%
100m	14.	55.26	534	54.00	01.01.1800	95%
50m	1.	26.93	553	26.50	01.01.1800	97%
100m	4.	59.19	544	59.00	01.01.1800	99%
						12
, 2011 (15),						-
400m	23.	6:01.34	258	6:00.00	01.01.1800	99%
100m	31.	1:29.37	220	1:27.00	01.01.1800	95%
50m	28.	39.03	230	39.00	01.01.1800	100%
100m	8.	1:30.93	194	1:30.00	01.01.1800	98%
100m	52.	1:28.03	245	1:27.00	01.01.1800	98%
200m	25.	3:13.60	247	3:00.00	01.01.1800	86%
, 2012 (14),						1
50m	53.	35.25	271	35.00	01.01.1800	99%
50m	21.	42.87	289	40.60	01.01.1800	90%
100m	19.	1:31.76	313	1:28.00	01.01.1800	92%
200m	17.	3:19.94	291	3:13.00	01.01.1800	93%
100m	50.	**1:26.84**	255	1:30.00	01.01.1800	107%
, 2010 (16),						5
50m	24.	**26.32**	432	26.50	01.01.1800	101%
400m	11.	**4:31.12**	479	4:35.00	01.01.1800	103%
50m	16.	**33.64**	407	34.00	01.01.1800	102%
50m	11.	**28.27**	428	28.50	01.01.1800	102%
100m	13.	1:04.65	401	1:04.00	01.01.1800	98%
100m	18.	1:04.91	437	1:04.00	01.01.1800	97%
200m	8.	**2:20.64**	463	2:22.00	01.01.1800	102%
, 2009 (17),						3
50m	50.	**27.92**	362	28.00	01.01.1800	101%
50m	33.	38.10	280	36.00	01.01.1800	89%
50m	25.	**31.09**	322	34.00	01.01.1800	120%

" - ", 25		Alt-timing

100m	51.	**1:12.02**	320	1:13.50	01.01.1800	104%

, 2011 (15),   2

50m	76.	**30.69**	272	31.50	01.01.1800	105%
100m	78.	**1:08.25**	283	1:10.00	01.01.1800	105%
50m	37.	36.62	220	33.00	01.01.1800	81%
50m	43.	44.05	181	39.00	01.01.1800	78%

, 2011 (15),   1

50m	43.	27.43	381	27.00	01.01.1800	97%
100m	57.	1:00.80	401	1:00.00	01.01.1800	97%
50m	18.	30.17	393	29.00	01.01.1800	92%
100m	18.	**1:03.81**	434	1:04.70	01.01.1800	103%

" "   15

, 2010 (16),   4

800m	22.	**10:14.09**	368	11:02.00	01.01.1800	116%
1500m	13.	20:51.18	310	20:27.00	01.01.1800	96%
50m	35.	33.83	279	32.00	01.01.1800	89%
100m	30.	**1:10.95**	316	1:16.00	01.01.1800	115%
50m	20.	**34.17**	389	36.00	01.01.1800	111%
100m	15.	**1:14.48**	408	1:16.00	01.01.1800	104%
200m	18.	2:44.33	390	2:43.00	01.01.1800	98%
50m	35.	32.52	281	31.00	01.01.1800	91%

, 2012 (14),   1

800m	13.	11:26.41	336	11:00.00	01.01.1800	92%
50m	23.	43.39	279	40.00		85%
50m	16.	33.88	352	33.00	01.01.1800	95%
200m	1.	2:54.59	319	2:54.00	01.01.1800	99%
200m	16.	2:53.76	342	2:50.00	01.01.1800	96%
400m	10.	**6:05.37**	341	6:07.00	01.01.1800	101%

, 2011 (15),   1

400m	18.	5:35.80	322	5:35.00	01.01.1800	100%
50m	11.	33.13	441	32.92	01.01.1800	99%
100m	14.	1:13.64	394	1:12.00	01.01.1800	96%
100m	29.	**1:18.82**	341	1:21.00	01.01.1800	106%
200m	13.	2:50.27	364	2:50.00	01.01.1800	100%

, 2012 (14),   4

200m	55.	**2:32.64**	269	2:33.00	01.01.1800	100%
400m	35.	**5:26.04**	275	5:30.80	01.01.1800	103%
100m	78.	**1:20.84**	226	1:21.00	01.01.1800	100%
200m	25.	**2:50.87**	258	2:53.00	01.01.1800	103%

, 2010 (16),   1

50m	46.	27.57	376	27.00	01.01.1800	96%
50m	17.	33.74	404	32.00	01.01.1800	90%
50m	12.	28.64	412	28.00	01.01.1800	96%
200m	3.	**2:29.38**	365	2:33.00	01.01.1800	105%
200m	10.	2:23.36	438	2:21.00	01.01.1800	97%
400m	6.	5:14.49	416	5:10.00	01.01.1800	97%

, 2011 (15),   4

1500m	15.	**21:13.28**	294	21:31.00	01.01.1800	103%
50m	38.	**38.29**	192	38.33	01.01.1800	100%
100m	34.	**1:18.07**	237	1:19.00	01.01.1800	102%
100m	34.	**1:37.07**	184	1:41.00	01.01.1800	108%
400m	9.	5:58.31	281	5:57.00	01.01.1800	99%

, 2010 (16),   -

100m	51.	1:00.55	406	59.40	01.01.1800	96%
50m	16.	29.74	410	29.74	01.01.1800	100%
100m	20.	1:06.12	390	1:06.00	01.01.1800	100%
200m	15.	2:24.83	387	2:22.00	01.01.1800	96%
100m	27.	1:06.48	407	1:04.85	01.01.1800	95%

   2

, 2007 (19),   2

50m	8.	**28.75**	454	29.80		107%
100m	16.	1:03.15	448	1:03.00		100%
50m	9.	**27.71**	455	28.00		102%

-1   33

, 2009 (17),   1

50m	14.	33.44	415	31.50		89%
100m	13.	1:13.75	421	1:09.00	01.01.1800	88%
50m	10.	**28.15**	434	59.00	01.01.1800	439%
100m	7.	1:01.66	463	NT		-

" - ", 25   Alt-timing

	, 2012 (14),						3
100m	38.	1:12.84	328	1:12.00	01.01.1800	98%	
50m	25.	**39.16**	267	40.00	01.01.1800	104%	
100m	28.	1:27.14	238	1:23.00	01.01.1800	91%	
50m	16.	**41.41**	321	43.00	01.01.1800	108%	
200m	11.	**3:09.66**	340	3:12.00	01.01.1800	102%	
100m	34.	1:21.21	312	1:18.00	01.01.1800	92%	
200m	19.	2:57.40	322	2:54.00	01.01.1800	96%	
	, 2011 (15),						-
50m	85.	33.47	210	32.00	01.01.1800	91%	
50m	39.	41.14	223	39.00	01.01.1800	90%	
100m	31.	1:30.05	231	1:27.00	01.01.1800	93%	
200m	28.	3:12.88	241	3:06.00	01.01.1800	93%	
	, 2012 (14),						-
200m	13.	2:18.49	505	2:11.00	01.01.1800	89%	
50m	11.	32.50	399	31.00	01.01.1800	91%	
100m	8.	1:10.98	468	1:10.00	01.01.1800	97%	
200m	4.	2:31.12	521	2:30.00	01.01.1800	99%	
400m	5.	5:25.96	481	5:25.00	01.01.1800	99%	
	, 2006 (20),						-
100m	37.	58.66	446	57.00	01.01.1800	94%	
	, 2012 (14),						4
50m	51.	34.00	302	33.00	01.01.1800	94%	
100m	42.	**1:13.32**	321	1:17.00	01.01.1800	110%	
50m	28.	**48.10**	205	50.00	01.01.1800	108%	
100m	57.	**1:30.53**	225	1:32.00	01.01.1800	103%	
200m	26.	**3:14.49**	244	3:30.00	01.01.1800	117%	
	, 2012 (14),						-
50m	58.	28.63	335	27.00	01.01.1800	89%	
100m	66.	1:04.17	341	1:01.00	01.01.1800	90%	
200m	38.	2:18.41	361	2:15.00	01.01.1800	95%	
800m	24.	10:24.17	351	9:50.00	01.01.1800	89%	
	, 2011 (15),						1
50m	19.	**42.18**	304	43.00		104%	
50m	17.	34.17	343	33.00	01.01.1800	93%	
100m	7.	1:22.37	262	1:20.00	01.01.1800	94%	
	, 2010 (16),						1
50m	52.	34.49	290	34.00	01.01.1800	97%	
100m	45.	1:14.52	306	1:13.00	01.01.1800	96%	
400m	22.	5:50.04	284	5:45.00	01.01.1800	97%	
100m	34.	**1:30.48**	212	1:34.00	01.01.1800	108%	
100m	51.	1:27.34	251	1:26.00	01.01.1800	97%	
	, 2012 (14),						2
50m	59.	28.67	334	27.00	01.01.1800	89%	
100m	63.	1:03.15	357	1:03.00	01.01.1800	100%	
200m	44.	2:23.33	325	2:18.00	01.01.1800	93%	
800m	29.	10:38.64	328	10:00.00	01.01.1800	88%	
100m	25.	**1:20.83**	319	1:21.00	01.01.1800	100%	
100m	34.	**1:18.73**	222	1:19.00	01.01.1800	101%	
200m	24.	2:46.06	281	2:35.00	01.01.1800	87%	
	, 2009 (17),						-
50m	13.	29.51	420	28.00	01.01.1800	90%	
50m	15.	28.78	406	27.00	01.01.1800	88%	
	, 2011 (15),						2
100m	18.	1:04.86	465	1:03.00	01.01.1800	94%	
200m	12.	**2:17.96**	511	2:18.00	01.01.1800	100%	
400m	10.	4:58.65	458	4:40.00	01.01.1800	88%	
800m	8.	**10:19.87**	456	10:30.00	01.01.1800	103%	
50m	10.	31.99	419	31.00	01.01.1800	94%	
100m	3.	1:10.33	420	1:09.00	01.01.1800	96%	
	, 2011 (15),						3
50m	29.	31.23	390	30.00		92%	
100m	19.	1:05.66	448	1:05.00		98%	
200m	15.	**2:18.80**	501	2:20.00		102%	
400m	7.	**4:47.00**	516	4:55.00		106%	
800m	5.	9:50.83	527	9:50.00		100%	
1500m	2.	**18:45.75**	525	18:50.00		101%	
	, 2012 (14),						4
50m	82.	31.38	255	31.00	01.01.1800	98%	
100m	82.	**1:10.17**	260	1:11.00	01.01.1800	102%	
200m	54.	2:32.18	272	2:26.00	01.01.1800	92%	
200m	29.	**3:13.65**	238	3:20.00	01.01.1800	107%	
100m	77.	**1:20.74**	227	1:26.00	01.01.1800	113%	
200m	28.	**2:55.46**	238	3:19.00	01.01.1800	129%	

" - ", 25

Alt-timing

									3
,			, 2010 (16),						
50m		42.	27.41	382	27.01	01.01.1800	97%		
100m		43.	**59.23**	433	1:00.00	01.01.1800	103%		
200m		27.	**2:12.09**	416	2:15.00	01.01.1800	104%		
50m		15.	33.58	410	33.00		97%		
100m		19.	1:16.58	376	1:16.50	01.01.1800	100%		
200m		21.	2:49.48	356	2:45.50	01.01.1800	95%		
50m		21.	**30.22**	351	31.60	01.01.1800	109%		
,			, 2011 (15),						2
50m		33.	31.65	375	29.00		84%		
100m		21.	1:06.24	436	1:04.00		93%		
200m		14.	2:18.53	504	2:15.00		95%		
400m		6.	4:44.20	531	4:40.00		97%		
800m		4.	**9:43.69**	547	9:45.00		100%		
1500m		1.	**18:23.88**	556	18:30.00		101%		
,			, 2012 (14),						3
50m		48.	**33.19**	325	33.50	01.01.1800	102%		
100m		41.	**1:13.26**	322	1:15.00	01.01.1800	105%		
1500m		10.	**21:45.89**	336	22:30.00	01.01.1800	107%		
200m		20.	2:58.31	317	2:58.00	01.01.1800	100%		
,			, 2011 (15),						-
50m		86.	33.50	209	30.00	01.01.1800	80%		
50m		42.	42.37	204	36.00	01.01.1800	72%		
100m		32.	1:30.25	229	1:26.00	01.01.1800	91%		
200m		27.	3:12.39	243	3:12.00	01.01.1800	100%		
100m		80.	1:25.37	192	1:21.00	01.01.1800	90%		
,			, 2011 (15),						4
50m		36.	**27.13**	394	27.50	01.01.1800	103%		
100m		30.	**58.06**	460	1:00.00	01.01.1800	107%		
200m		17.	**2:06.77**	470	2:12.00	01.01.1800	108%		
800m		10.	**9:29.04**	463	10:10.00	01.01.1800	115%		
,			, 2010 (16),						-
100m		64.	1:03.28	355	1:01.00	01.01.1800	93%		
50m		23.	31.23	354	29.00	01.01.1800	86%		
100m		21.	1:06.60	382	1:05.00	01.01.1800	95%		
200m		20.	2:34.92	316	2:20.00	01.01.1800	82%		
-2									41
,			, 2010 (16),						2
50m		74.	30.17	286	29.00	01.01.1800	92%		
100m		75.	**1:06.85**	301	1:07.00	01.01.1800	100%		
200m		47.	**2:27.13**	301	2:35.00	01.01.1800	111%		
800m		38.	11:40.95	248	11:20.00	01.01.1800	94%		
,			, 2011 (15),						1
50m		19.	36.30	335	35.00	01.01.1800	93%		
100m		24.	1:19.47	314	1:19.00	01.01.1800	99%		
100m		38.	1:22.32	300	1:20.00	01.01.1800	94%		
200m		21.	**2:58.38**	317	3:02.00	01.01.1800	104%		
,			, 2011 (15),						2
50m		72.	29.92	294	29.00	01.01.1800	94%		
100m		79.	**1:08.41**	281	1:09.00	01.01.1800	102%		
200m		52.	**2:31.78**	274	2:33.00	01.01.1800	102%		
,			, 2011 (15),						5
50m		10.	**28.39**	520	28.60	01.01.1800	101%		
100m		4.	**1:01.26**	551	1:04.00	01.01.1800	109%		
50m		14.	**33.84**	414	34.50	01.01.1800	104%		
100m		9.	**1:10.85**	443	1:14.00	01.01.1800	109%		
100m		15.	**1:13.43**	422	1:16.00	01.01.1800	107%		
200m		8.	2:40.33	436	2:39.00	01.01.1800	98%		
,			, 2010 (16),						-
50m		68.	29.17	317	28.00	01.01.1800	92%		
100m		69.	1:05.73	317	1:03.00	01.01.1800	92%		
200m		43.	2:22.18	333	2:22.00	01.01.1800	100%		
100m		61.	1:14.41	290	1:14.00	01.01.1800	99%		
,			, 2012 (14),						6
100m		48.	**1:16.92**	278	1:23.00	01.01.1800	116%		
50m		23.	**38.60**	279	44.00	01.01.1800	130%		
100m		27.	**1:25.99**	247	1:38.00	01.01.1800	130%		
200m		19.	**3:05.49**	257	3:26.00	01.01.1800	123%		
200m		15.	**3:19.67**	292	3:38.00		119%		
100m		49.	**1:26.71**	256	1:36.00	01.01.1800	123%		

" - ", 25   Alt-timing

, 2011 (15), 2

Event	Rank	Time	Points	Seed	Date	%
50m	65.	29.05	321	29.00	01.01.1800	100%
800m	26.	10:30.94	340	10:30.00	01.01.1800	100%
50m	21.	34.30	384	34.00	01.01.1800	98%
100m	11.	**1:13.04**	433	1:14.00	01.01.1800	103%
200m	11.	**2:38.54**	435	2:41.00	01.01.1800	103%

, 2012 (14), -

Event	Rank	Time	Points	Seed	Date	%
400m	20.	5:42.34	304	5:00.00	01.01.1800	77%
50m	20.	36.65	326	36.00	01.01.1800	96%
100m	25.	1:19.65	311	1:18.00	01.01.1800	96%
200m	18.	2:55.61	303	2:50.00	01.01.1800	94%
200m	18.	2:56.46	327	2:50.00	01.01.1800	93%

, 2008 (18), -

Event	Rank	Time	Points	Seed	Date	%
50m	6.	28.25	479	28.00	01.01.1800	98%
100m	8.	1:00.37	513	59.00	01.01.1800	96%
200m	5.	2:12.58	505	2:12.00	01.01.1800	99%

, 2012 (14), 1

Event	Rank	Time	Points	Seed	Date	%
50m	56.	36.41	246	35.50	01.01.1800	95%
50m	29.	52.16	160	46.00	01.01.1800	78%
100m	25.	**1:45.75**	205	1:46.00	01.01.1800	100%
100m	60.	1:37.04	183	1:33.00	01.01.1800	92%

, 2010 (16), 3

Event	Rank	Time	Points	Seed	Date	%
50m	53.	28.16	352	27.25	01.01.1800	94%
100m	26.	**57.75**	468	58.06	01.01.1800	101%
800m	4.	**9:02.56**	535	9:13.00	01.01.1800	104%
100m	15.	1:03.13	448	1:02.00	01.01.1800	96%
400m	5.	**4:55.70**	500	4:59.00	01.01.1800	102%

, 2008 (18), 1

Event	Rank	Time	Points	Seed	Date	%
100m	6.	1:00.72	485	1:00.00	01.01.1800	98%
100m	15.	**1:04.80**	439	1:05.00	01.01.1800	101%
200m	9.	2:21.25	458	2:20.00	01.01.1800	98%

, 2012 (14), 1

Event	Rank	Time	Points	Seed	Date	%
100m	68.	1:05.58	319	1:05.00	01.01.1800	98%
200m	48.	2:27.42	299	2:20.00	01.01.1800	90%
400m	32.	5:09.14	323	4:35.00	01.01.1800	79%
800m	30.	10:45.26	318	10:00.00	01.01.1800	86%
100m	36.	1:18.66	231	1:10.00	01.01.1800	79%
100m	35.	**1:19.57**	215	1:30.00	01.01.1800	128%
200m	29.	2:57.01	232	2:35.00	01.01.1800	77%

, 2010 (16), 5

Event	Rank	Time	Points	Seed	Date	%
100m	39.	1:13.04	325	1:12.00	01.01.1800	97%
50m	18.	35.03	373	35.00	01.01.1800	100%
100m	19.	**1:15.40**	367	1:16.00	01.01.1800	102%
200m	12.	**2:48.58**	343	4:00.00	01.01.1800	203%
50m	13.	**40.81**	335	42.00	01.01.1800	106%
200m	12.	**3:15.40**	311	5:00.00	01.01.1800	236%
100m	31.	**1:19.89**	328	2:00.00	01.01.1800	226%

, 2008 (18), -

Event	Rank	Time	Points	Seed	Date	%
50m	27.	30.92	402	29.00		88%
400m	5.	4:43.73	534	4:40.00		97%
100m	10.	1:11.26	435	1:09.00		94%
200m	4.	2:27.01	517	2:27.00		100%
50m	15.	33.03	380	33.00		100%
100m	11.	1:11.61	455	1:09.00		93%

, 2008 (18), 4

Event	Rank	Time	Points	Seed	Date	%
50m	10.	25.16	494	23.50	01.01.1800	87%
50m	4.	**30.87**	527	31.00	01.01.1800	101%
100m	2.	**1:04.50**	629	1:05.00	01.01.1800	102%
200m	1.	**2:21.68**	610	2:29.00	01.01.1800	111%
100m	4.	**1:00.76**	533	1:01.00	01.01.1800	101%

, 2009 (17), -

Event	Rank	Time	Points	Seed	Date	%
50m	8.	25.14	495	24.50	01.01.1800	95%
100m	15.	55.80	518	54.50	01.01.1800	95%
200m	13.	2:05.03	490	2:02.00	01.01.1800	95%

, 2008 (18), 3

Event	Rank	Time	Points	Seed	Date	%
50m	4.	24.70	522	24.50	01.01.1800	98%
100m	6.	**53.62**	584	54.00	01.01.1800	101%
200m	8.	1:58.41	577	1:58.00	01.01.1800	99%
100m	6.	**59.71**	530	1:00.00	01.01.1800	101%
100m	4.	**58.01**	556	59.00	01.01.1800	103%

, 2009 (17), 4

Event	Rank	Time	Points	Seed	Date	%
50m	44.	**27.48**	379	28.00	01.01.1800	104%
100m	58.	**1:00.90**	399	1:03.00	01.01.1800	107%
50m	24.	**31.48**	346	33.00	01.01.1800	110%

" - ", 25

Alt-timing

100m	24.	1:08.49	351	1:08.00	01.01.1800	99%
100m	37.	**1:08.63**	370	1:11.00	01.01.1800	107%

, 2009 (17),   1

50m	14.	28.79	498	28.00	01.01.1800	95%
100m	2.	1:01.02	558	1:00.00	01.01.1800	97%
200m	4.	2:11.65	588	2:08.00	01.01.1800	95%
400m	2.	**4:29.17**	625	4:30.00	01.01.1800	101%
200m	6.	2:27.55	512	2:22.00	01.01.1800	93%

-3   51

, 2012 (14),   4

50m	75.	**30.46**	278	32.00	01.01.1800	110%
100m	73.	**1:06.71**	303	1:09.00	01.01.1800	107%
50m	36.	36.50	222	36.00	01.01.1800	97%
100m	35.	**1:18.42**	234	1:24.00	01.01.1800	115%
50m	37.	**39.97**	243	45.00	01.01.1800	127%

, 2010 (16),   1

100m	42.	59.09	436	58.07	01.01.1800	97%
200m	20.	**2:08.93**	447	2:11.00	01.01.1800	103%
100m	20.	1:07.53	352	1:06.00	01.01.1800	96%

, 2009 (17),   4

50m	57.	36.64	241	32.00	01.01.1800	76%
50m	11.	**39.75**	363	40.00	01.01.1800	101%
100m	14.	**1:26.64**	372	1:29.00	01.01.1800	106%
200m	9.	3:06.62	357	3:06.00	01.01.1800	99%
100m	37.	**1:22.31**	300	2:00.00	01.01.1800	213%
200m	17.	**2:55.31**	333	4:00.00	01.01.1800	187%

, 2009 (17),   -

50m	3.	30.63	540	30.00	01.01.1800	96%
100m	6.	1:08.71	520	1:06.67	01.01.1800	94%
50m	5.	26.97	493	26.73	01.01.1800	98%

, 2008 (18),   -

100m	1.	59.51	567	59.50	01.01.1800	100%

, 2012 (14),   -

50m	58.	37.70	222	35.00	01.01.1800	86%
100m	50.	1:21.61	233	1:18.00	01.01.1800	91%
50m	31.	42.66	206	39.00	01.01.1800	84%

, 2012 (14),   1

50m	83.	31.74	246	31.00	01.01.1800	95%
100m	83.	1:10.27	259	1:09.00	01.01.1800	96%
50m	34.	**33.27**	293	36.00	01.01.1800	117%
100m	33.	1:15.75	259	1:13.00	01.01.1800	93%
200m	23.	2:50.39	238	2:45.00	01.01.1800	94%

, 2012 (14),   5

50m	64.	29.00	323	29.00	01.01.1800	100%
100m	60.	**1:01.65**	384	1:02.00	01.01.1800	101%
200m	26.	**2:12.01**	416	2:17.00	01.01.1800	108%
800m	16.	**9:47.31**	421	10:00.00	01.01.1800	104%
50m	33.	**32.75**	307	33.00	01.01.1800	102%
100m	28.	**1:10.32**	324	1:12.00	01.01.1800	105%
200m	14.	2:24.70	389	2:15.00	01.01.1800	87%

, 2008 (18),   5

400m	4.	**4:15.21**	575	4:18.00		102%
100m	3.	**58.99**	549	1:00.00		103%
200m	4.	2:08.70	552	2:08.00		99%
50m	6.	**27.38**	472	28.00		105%
100m	7.	**1:02.35**	493	1:02.50		100%
400m	3.	**4:39.81**	590	4:40.00		100%

, 2012 (14),   3

50m	25.	**31.79**	336	32.00	01.01.1800	101%
100m	26.	**1:09.02**	343	1:10.00	01.01.1800	103%
200m	18.	2:30.38	346	2:30.00	01.01.1800	99%
50m	34.	38.14	279	38.00	01.01.1800	99%
50m	34.	32.35	286	32.00	01.01.1800	98%
100m	27.	**1:10.83**	305	1:11.00	01.01.1800	100%
100m	52.	1:12.57	313	1:12.00	01.01.1800	98%

, 2011 (15),   1

100m	31.	1:11.33	349	1:09.00	01.01.1800	94%
200m	23.	2:34.84	361	2:32.00	01.01.1800	96%
400m	17.	**5:22.71**	363	5:30.00	01.01.1800	105%
100m	40.	1:22.65	296	1:20.00	01.01.1800	94%

" - ", 25

Alt-timing

, 2010 (16), -

50m	47.	33.18	325	32.00		93%
100m	51.	1:24.19	212	1:12.00		73%
50m	27.	46.62	225	43.00		85%
200m	24.	3:09.47	264	2:58.00		88%

, 2010 (16), 3

100m	20.	**56.52**	499	59.00	01.01.1800	109%
100m	12.	**1:04.36**	407	1:08.10	01.01.1800	112%
100m	23.	**1:06.07**	414	1:06.80	01.01.1800	102%

, 2011 (15), 3

50m	55.	28.45	342	28.00		97%
100m	50.	**1:00.47**	407	1:02.00		105%
200m	24.	2:11.41	422	2:10.00		98%
400m	12.	4:31.33	478	4:28.00		98%
800m	5.	**9:13.11**	504	9:24.00		104%
1500m	4.	**17:43.09**	505	18:05.00		104%

, 2011 (15), 8

50m	47.	**27.60**	374	28.00	01.01.1800	103%
800m	11.	**9:29.15**	463	9:47.00	01.01.1800	106%
1500m	7.	**17:59.14**	483	18:40.00	01.01.1800	108%
50m	26.	**31.80**	336	34.00	01.01.1800	114%
50m	23.	**30.33**	347	31.00	01.01.1800	104%
100m	22.	**1:07.78**	348	1:11.00	01.01.1800	110%
100m	42.	**1:09.05**	363	1:12.50	01.01.1800	110%
200m	14.	**2:26.92**	407	2:29.00	01.01.1800	103%

, 2009 (17), 5

200m	13.	**2:49.98**	334	4:00.00	01.01.1800	199%
50m	3.	**35.07**	529	35.50	01.01.1800	102%
100m	4.	**1:16.27**	546	1:17.00	01.01.1800	102%
200m	3.	**2:39.85**	569	2:44.00	01.01.1800	105%
100m	7.	**1:10.88**	470	1:14.00	01.01.1800	109%

, 2011 (15), 1

50m	50.	**33.95**	304	35.00	01.01.1800	106%
100m	47.	1:15.53	294	1:15.00	01.01.1800	99%
50m	22.	38.24	287	35.67	01.01.1800	87%
100m	29.	1:27.76	233	1:18.00	01.01.1800	79%
100m	58.	1:32.43	211	1:18.00	01.01.1800	71%
200m	27.	3:26.64	203	2:50.00	01.01.1800	68%

, 2011 (15), 5

50m	80.	**30.89**	267	32.00	01.01.1800	107%
100m	86.	**1:11.04**	251	1:12.00	01.01.1800	103%
50m	30.	**37.60**	292	40.00	01.01.1800	113%
200m	24.	**2:58.30**	306	3:08.00	01.01.1800	111%
100m	75.	1:18.41	248	1:18.00	01.01.1800	99%
200m	26.	**2:51.01**	258	3:05.00	01.01.1800	117%

, 2012 (14), -

100m	85.	1:11.00	251	1:09.00	01.01.1800	94%
100m	33.	1:18.17	227	1:16.00	01.01.1800	95%

, 2012 (14), 2

50m	41.	32.64	342	32.00		96%
100m	33.	1:11.83	342	1:09.00		92%
200m	21.	2:31.47	386	2:30.00		98%
400m	14.	**5:07.07**	421	5:08.00		101%
800m	11.	10:37.77	419	10:20.00		95%
1500m	7.	**20:13.20**	419	20:30.00		103%

-4 26

E , , 2011 (15), 2

50m	30.	26.60	418	NT		-
100m	25.	57.53	473	57.50	01.01.1800	100%
50m	19.	**30.47**	382	32.00	01.01.1800	110%
50m	16.	**28.91**	401	29.00	01.01.1800	101%
100m	25.	1:06.22	412	1:06.00	01.01.1800	99%

, 2012 (14), -

50m	17.	29.13	481	29.00		99%
100m	13.	1:03.69	491	1:03.00		98%
200m	16.	2:22.12	467	2:16.00		92%
400m	9.	4:56.28	469	4:49.00		95%
800m	6.	10:10.93	477	9:50.00		93%
1500m	4.	20:01.73	431	18:50.00		88%

, 2011 (15), -

50m	35.	31.90	366	29.00	01.01.1800	83%
100m	29.	1:09.86	372	1:07.00	01.01.1800	92%
200m	22.	2:33.45	371	2:20.00	01.01.1800	83%

" - ", 25 Alt-timing

400m		19.	5:37.11	318	4:58.00	01.01.1800	78%
800m		15.	11:45.90	309	10:00.00		72%
50m		26.	39.54	259	37.00	01.01.1800	88%
200m		23.	3:06.74	276	2:50.00	01.01.1800	83%
,	, 2012 (14),						2
800m		34.	10:53.82	305	10:50.00	01.01.1800	99%
1500m		14.	**20:54.35**	307	21:30.00	01.01.1800	106%
100m		31.	1:12.41	297	1:12.00	01.01.1800	99%
200m		21.	2:35.36	314	2:35.00	01.01.1800	100%
100m		36.	**1:19.69**	214	1:20.00	01.01.1800	101%
100m		72.	1:17.61	256	1:16.00	01.01.1800	96%
,	, 2012 (14),						4
50m		31.	**31.48**	381	32.00	01.01.1800	103%
100m		32.	**1:11.49**	347	1:12.00	01.01.1800	101%
200m		24.	2:40.15	326	2:30.00	01.01.1800	88%
50m		15.	**41.30**	324	42.00	01.01.1800	103%
200m		14.	3:19.15	294	3:12.00	01.01.1800	93%
100m		33.	1:20.95	315	1:18.00	01.01.1800	93%
200m		15.	**2:52.88**	348	2:55.00	01.01.1800	102%
,	, 2011 (15),						1
400m		15.	**5:07.35**	420	5:09.00		101%
,	, 2009 (17),						-
800m		14.	9:41.20	435	9:28.00	01.01.1800	96%
1500m		10.	18:12.28	466	17:59.00	01.01.1800	98%
,	, 2009 (17),						4
100m		35.	**1:12.34**	335	1:15.00	01.01.1800	107%
50m		20.	**42.48**	297	43.00	01.01.1800	102%
100m		21.	**1:32.89**	302	1:34.00	01.01.1800	102%
200m		16.	**3:19.90**	291	3:23.00	01.01.1800	103%
,	, 2012 (14),						2
50m		19.	**34.04**	393	34.50	01.01.1800	103%
100m		14.	**1:13.94**	417	1:15.00	01.01.1800	103%
200m		17.	2:44.20	391	2:43.00	01.01.1800	99%
,	, 2010 (16),						-
50m		31.	26.63	417	26.00	01.01.1800	95%
100m		38.	58.85	442	57.00	01.01.1800	94%
200m		25.	2:11.96	417	2:11.00	01.01.1800	99%
400m		19.	4:39.73	436	4:33.00	01.01.1800	95%
800m		19.	9:54.13	407	9:30.00	01.01.1800	92%
100m		29.	1:06.56	405	NT		-
,	, 2011 (15),						2
50m		20.	29.95	360	29.00	01.01.1800	94%
100m		17.	**1:06.39**	371	1:08.00	01.01.1800	105%
200m		4.	**2:40.91**	292	2:45.00	01.01.1800	105%
,	, 2011 (15),						-
100m		88.	1:19.69	178	1:15.00	01.01.1800	89%
50m		38.	40.89	227	40.00		96%
100m		30.	1:30.00	231	1:28.00	01.01.1800	96%
200m		30.	3:18.84	220	3:15.00	01.01.1800	96%
,	, 2012 (14),						-
50m		84.	33.45	210	33.00	01.01.1800	97%
100m		87.	1:17.06	197	1:16.00	01.01.1800	97%
50m		41.	40.62	144	36.00	01.01.1800	79%
,	, 2011 (15),						-
50m		28.	41.35	227	40.00	01.01.1800	94%
100m		32.	1:29.89	217	1:20.00	01.01.1800	79%
200m		20.	3:13.40	227	2:50.00	01.01.1800	77%
50m		14.	40.86	334	35.00	01.01.1800	73%
100m		16.	1:28.85	345	1:20.00	01.01.1800	81%
200m		18.	3:22.02	282	2:50.00	01.01.1800	71%
,	, 2011 (15),						4
100m		80.	**1:09.19**	272	1:10.00	01.01.1800	102%
200m		56.	**2:33.74**	263	2:34.00	01.01.1800	100%
100m		67.	**1:16.96**	262	1:20.00	01.01.1800	108%
200m		27.	**2:52.38**	251	2:57.00	01.01.1800	105%
,	, 2011 (15),						5
50m		35.	**27.11**	395	27.28	01.01.1800	101%
100m		44.	**59.91**	419	1:01.22	01.01.1800	104%
200m		46.	**2:23.47**	324	2:24.44		101%
400m		30.	**5:03.08**	343	5:05.00	01.01.1800	101%
100m		47.	**1:10.16**	346	1:11.43	01.01.1800	104%

" - ", 25

Alt-timing

, 2009 (17   ),   -

50m	9.	28.36	521	28.00	01.01.1800	97%
100m	5.	1:01.46	546	1:00.00	01.01.1800	95%
200m	8.	2:16.00	533	2:14.00	01.01.1800	97%
100m	12.	1:23.98	409	1:21.00	01.01.1800	93%

-5   18

, 2010 (16   ),   3

50m	17.	**25.62**	468	26.00		103%
50m	7.	**27.40**	471	28.00		104%
100m	9.	**1:02.82**	438	1:04.00		104%

, 2012 (14   ),   2

50m	54.	**28.17**	352	29.00	01.01.1800	106%
50m	28.	31.17	320	30.00	01.01.1800	93%
100m	70.	**1:17.36**	258	1:20.00	01.01.1800	107%

, 2011 (15   ),   -

100m	26.	1:20.59	301	1:20.00	01.01.1800	99%
200m	16.	2:52.89	318	2:47.00	01.01.1800	93%
50m	12.	40.33	348	39.00	01.01.1800	94%
100m	15.	1:27.23	365	1:23.00	01.01.1800	91%
200m	8.	3:03.43	376	3:00.00	01.01.1800	96%

, 2010 (16   ),   6

50m	21.	**30.03**	439	30.30	01.01.1800	102%
50m	4.	**30.62**	559	31.30	01.01.1800	104%
100m	5.	**1:08.50**	490	1:12.00	01.01.1800	110%
200m	8.	2:37.96	417	2:37.00	01.01.1800	99%
100m	9.	**1:21.86**	442	4:00.00		860%
200m	7.	**2:59.52**	402	3:00.00		101%
50m	9.	**31.70**	430	32.30	01.01.1800	104%
100m	18.	1:14.01	412	1:14.00	01.01.1800	100%

, 2012 (14   ),   7

200m	16.	**2:06.39**	474	2:07.00	01.01.1800	101%
400m	9.	**4:29.19**	490	4:30.00	01.01.1800	101%
800m	7.	**9:17.31**	493	9:30.00	01.01.1800	105%
1500m	3.	**17:37.52**	513	18:20.00	01.01.1800	108%
100m	21.	**1:19.47**	336	1:20.60	01.01.1800	103%
100m	24.	**1:08.47**	338	1:10.00	01.01.1800	105%
200m	2.	2:28.05	375	2:25.00	01.01.1800	96%
200m	12.	**2:25.21**	421	2:27.00	01.01.1800	102%

24

, 2012 (14   ),   3

50m	48.	27.73	369	27.00	01.01.1800	95%
200m	40.	2:19.04	356	2:15.00	01.01.1800	94%
400m	15.	**4:34.64**	461	4:43.00	01.01.1800	106%
800m	12.	**9:29.92**	461	9:37.00	01.01.1800	102%
1500m	11.	18:37.02	435	18:28.00	01.01.1800	98%
50m	29.	31.25	317	30.00	01.01.1800	92%
100m	45.	**1:09.57**	355	1:12.00		107%

, 2011 (15   ),   2

50m	27.	26.43	426	26.00	01.01.1800	97%
100m	32.	58.14	458	57.50	01.01.1800	98%
400m	16.	4:35.41	457	4:35.00		100%
50m	10.	**29.21**	433	29.50	01.01.1800	102%
100m	19.	1:05.77	396	1:04.50	01.01.1800	96%
200m	11.	**2:22.20**	409	2:25.00	01.01.1800	104%

, 2011 (15   ),   3

50m	43.	**32.79**	337	33.00	01.01.1800	101%
100m	26.	**1:08.57**	393	1:13.00	01.01.1800	113%
100m	26.	**1:17.80**	355	1:24.00	01.01.1800	117%

, 2011 (15   ),   3

50m	9.	32.55	450	32.50		100%
100m	8.	**1:09.94**	493	1:10.00	01.01.1800	100%
200m	7.	2:30.68	507	2:30.00	01.01.1800	99%
100m	35.	**1:07.92**	381	1:09.00	01.01.1800	103%
200m	17.	**2:27.31**	403	2:29.00	01.01.1800	102%

, 2007 (19   ),   -

100m	7.	53.86	577	52.50	01.01.1800	95%
200m	6.	1:57.12	596	1:55.00	01.01.1800	96%
50m	4.	27.48	520	26.50	01.01.1800	93%
50m	1.	25.56	580	24.50	01.01.1800	92%
100m	3.	57.81	562	56.00	01.01.1800	94%

"   -   ", 25   Alt-timing

, 2009 (17),							-
50m	39.	32.56	344	32.00	01.01.1800	97%	
100m	40.	1:13.18	323	1:12.00	01.01.1800	97%	
50m	27.	40.88	235	40.00	01.01.1800	96%	
50m	25.	37.31	264	37.00	01.01.1800	98%	
100m	48.	1:26.38	259	1:24.00	01.01.1800	95%	
, 2010 (16),							-
50m	26.	30.82	406	29.50	01.01.1800	92%	
100m	23.	1:07.01	421	1:06.00	01.01.1800	97%	
50m	16.	34.60	387	34.00	01.01.1800	97%	
100m	24.	1:17.58	358	1:16.00	01.01.1800	96%	
, 2009 (17),							-
50m	21.	25.93	452	25.50	01.01.1800	97%	
100m	18.	56.42	501	56.00	01.01.1800	99%	
400m	14.	4:33.79	465	4:30.00	01.01.1800	97%	
100m	16.	1:04.84	439	1:02.00	01.01.1800	91%	
, 2010 (16),							1
50m	13.	28.74	501	27.00	01.01.1800	88%	
100m	6.	1:01.81	537	1:00.00	01.01.1800	94%	
200m	9.	**2:16.28**	530	2:17.00	01.01.1800	101%	
50m	17.	34.83	380	34.00	01.01.1800	95%	
50m	5.	35.56	507	35.00	01.01.1800	97%	
100m	7.	1:19.67	479	1:16.00	01.01.1800	91%	
200m	4.	2:52.47	453	2:46.00	01.01.1800	93%	
100m	8.	1:10.98	468	1:09.00	01.01.1800	94%	
, 2009 (17),							1
100m	4.	**53.10**	602	54.00	01.01.1800	103%	
200m	7.	1:57.45	591	1:56.00	01.01.1800	98%	
800m	1.	8:46.67	584	8:30.00	01.01.1800	94%	
100m	14.	1:02.39	464	1:02.00	01.01.1800	99%	
, 2009 (17),							-
200m	4.	1:56.76	602	1:55.00	01.01.1800	97%	
400m	2.	4:04.91	650	4:00.00	01.01.1800	96%	
100m	2.	58.91	552	57.00	01.01.1800	94%	
200m	2.	2:05.49	596	2:04.00	01.01.1800	98%	
50m	2.	26.04	548	24.50	01.01.1800	89%	
100m	2.	56.50	602	55.00	01.01.1800	95%	
, 2011 (15),							-
50m	81.	30.91	266	30.00	01.01.1800	94%	
800m	36.	11:08.38	286	10:40.00	01.01.1800	92%	
50m	31.	37.72	289	37.00	01.01.1800	96%	
200m	26.	3:03.88	279	2:58.00	01.01.1800	94%	
, 2012 (14),							-
50m	55.	35.81	259	35.00	01.01.1800	96%	
100m	49.	1:20.55	242	1:19.00	01.01.1800	96%	
400m	24.	6:15.37	230	6:10.00	01.01.1800	97%	
100m	56.	1:30.42	226	1:29.00	01.01.1800	97%	
, 2012 (14),							2
50m	9.	**32.35**	474	35.00	01.01.1800	117%	
100m	11.	**1:11.92**	423	1:15.00	01.01.1800	109%	
200m	11.	2:47.92	347	2:45.00	01.01.1800	97%	
, 2011 (15),							2
50m	23.	30.42	422	30.00	01.01.1800	97%	
100m	22.	**1:06.56**	430	1:07.00	01.01.1800	101%	
50m	12.	**33.57**	424	34.00	01.01.1800	103%	
100m	15.	1:13.66	394	1:13.00	01.01.1800	98%	
, 2012 (14),							4
50m	34.	**31.77**	371	32.00	01.01.1800	101%	
100m	27.	**1:08.83**	389	1:11.00	01.01.1800	106%	
50m	24.	**38.81**	274	40.00	01.01.1800	106%	
50m	24.	**44.03**	267	45.00	01.01.1800	104%	
100m	23.	1:37.48	261	1:35.00	01.01.1800	95%	
, 2010 (16),							-
100m	20.	1:32.55	305	1:30.00	01.01.1800	95%	
50m	29.	39.04	230	37.00	01.01.1800	90%	
200m	22.	3:01.10	302	2:56.00	01.01.1800	94%	
, 2011 (15),							2
200m	32.	**2:14.50**	394	2:15.00	01.01.1800	101%	
400m	21.	4:43.44	419	4:40.00	01.01.1800	98%	
800m	17.	9:48.16	419	9:40.00	01.01.1800	97%	
50m	19.	29.59	374	29.00	01.01.1800	96%	
100m	15.	1:05.27	390	1:04.00	01.01.1800	96%	
100m	48.	**1:10.59**	340	1:14.00	01.01.1800	110%	

" - ", 25

Alt-timing

							1
,	, 2011 (15),						
50m		3.	27.80	553	27.50	01.01.1800	98%
100m		3.	**1:01.04**	557	1:03.00	01.01.1800	107%
50m		5.	31.00	539	31.00	01.01.1800	100%
100m		4.	1:07.07	522	1:06.00	01.01.1800	97%
200m		4.	2:27.01	517	2:25.00	01.01.1800	97%

							11
-							
,	, 2009 (17),						-
50m		29.	41.51	224	40.00	01.01.1800	93%
50m		26.	46.06	233	45.00	01.01.1800	95%
100m		24.	1:43.85	216	1:40.00	01.01.1800	93%
100m		55.	1:30.32	227	1:23.00	01.01.1800	84%
,	, 2008 (18),						1
50m		30.	31.24	390	31.00	01.01.1800	98%
50m		22.	**43.22**	282	45.00		108%
100m		43.	1:23.93	283	1:22.00	01.01.1800	95%
,	, 2008 (18),						-
50m		28.	31.06	397	30.00	01.01.1800	93%
100m		43.	1:13.77	316	1:10.00	01.01.1800	90%
50m		18.	41.57	317	41.00	01.01.1800	97%
100m		47.	1:25.51	267	1:23.00	01.01.1800	94%
,	, 2011 (15),						2
50m		28.	32.05	328	30.00	01.01.1800	88%
50m		14.	**28.77**	406	29.00	01.01.1800	102%
100m		21.	**1:07.65**	350	1:08.00	01.01.1800	101%
,	, 2011 (15),						1
50m		62.	28.82	329	28.00	01.01.1800	94%
800m		33.	10:51.01	309	10:50.00	01.01.1800	100%
50m		36.	**32.91**	271	33.00	01.01.1800	101%
100m		64.	1:15.06	282	1:12.00	01.01.1800	92%
,	, 2009 (17),						2
50m		54.	**35.55**	264	37.00	01.01.1800	108%
50m		17.	41.43	321	40.00	01.01.1800	93%
100m		18.	1:31.40	317	1:28.00	01.01.1800	93%
50m		30.	**39.41**	224	43.00	01.01.1800	119%
,	, 2007 (19),						1
50m		28.	26.46	425	26.00	01.01.1800	97%
100m		24.	57.29	479	57.00	01.01.1800	99%
50m		15.	29.67	413	29.00	01.01.1800	96%
50m		22.	34.40	381	33.00	01.01.1800	92%
100m		22.	**1:05.76**	420	1:06.00	01.01.1800	101%
,	, 2012 (14),						-
50m		59.	39.03	200	33.00	01.01.1800	71%
50m		30.	41.54	224	40.00	01.01.1800	93%
100m		33.	1:29.90	216	1:28.00	01.01.1800	96%
100m		59.	1:35.63	191	1:34.00	01.01.1800	97%
,	, 2010 (16),						-
50m		49.	27.75	368	27.00	01.01.1800	95%
100m		64.	1:03.28	355	1:02.00	01.01.1800	96%
50m		32.	32.70	309	32.00	01.01.1800	96%
50m		28.	36.58	317	36.00	01.01.1800	97%
100m		27.	1:23.19	293	1:22.00	01.01.1800	97%
,	, 2011 (15),						2
50m		73.	**30.14**	287	32.00	01.01.1800	113%
100m		70.	1:05.86	315	1:05.00	01.01.1800	97%
200m		50.	**2:28.76**	291	2:35.00	01.01.1800	109%
800m		37.	11:34.70	254	11:00.00	01.01.1800	90%
100m		76.	1:19.35	239	1:16.00	01.01.1800	92%
,	, 2011 (15),						-
50m		49.	33.79	308	32.00	01.01.1800	90%
100m		30.	1:29.22	221	1:19.00	01.01.1800	78%
50m		24.	37.04	269	36.00	01.01.1800	94%
100m		54.	1:29.05	237	1:24.00	01.01.1800	89%
,	, 2012 (14),						1
50m		25.	45.24	246	45.00	01.01.1800	99%
100m		22.	**1:36.03**	273	1:40.00	01.01.1800	108%
100m		53.	1:28.23	243	1:23.00	01.01.1800	88%
,	, 2009 (17),						1
50m		25.	26.34	431	26.00		97%
50m		9.	29.10	438	28.00	01.01.1800	93%
50m		12.	33.25	422	32.00	01.01.1800	93%
100m		12.	**1:03.79**	461	1:06.00	01.01.1800	107%

" - ", 25	Alt-timing

.   4

,   , 2011 (15   ),   2

400m		8.	**4:27.84**	497	4:40.00	01.01.1800	109%
100m		12.	1:13.43	426	1:13.00	01.01.1800	99%
100m		21.	1:05.50	425	1:05.50	01.01.1800	100%
200m		15.	**2:26.97**	406	2:27.00	01.01.1800	100%

,   , 2011 (15   ),   -

50m		13.	33.27	421	33.00		98%
100m		10.	1:12.10	450	1:11.50	01.01.1800	98%
200m		13.	2:41.43	412	2:40.00	01.01.1800	98%

,   , 2011 (15   ),   1

50m		21.	30.22	351	30.00	01.01.1800	99%
100m		23.	1:08.29	341	1:07.00	01.01.1800	96%
100m		41.	**1:08.99**	364	1:10.00	01.01.1800	103%

,   , 2012 (14   ),   1

50m		37.	27.14	394	26.00	01.01.1800	92%
100m		40.	58.93	440	57.00	01.01.1800	94%
50m		20.	**30.85**	368	31.00	01.01.1800	101%
100m		24.	1:06.12	414	1:06.00	01.01.1800	100%

                                                                                                                                            31

,   , 2010 (16   ),   2

50m		6.	25.04	501	25.00		100%
100m		12.	**54.92**	544	56.00		104%
200m		10.	2:00.95	541	2:00.00		98%
400m		6.	**4:17.78**	558	4:18.00		100%
100m		8.	1:02.97	479	1:02.50		99%
200m		6.	2:16.96	502	2:16.00		99%

,   , 2008 (18   ),   1

100m		5.	53.13	601	52.00	01.01.1800	96%
100m		1.	57.60	590	57.00	01.01.1800	98%
100m		1.	**55.88**	622	56.00	01.01.1800	100%

,   , 2006 (20   ),   -

50m		2.	34.19	571	34.00		99%
100m		3.	1:16.10	550	1:13.00	01.01.1800	92%
100m		20.	1:14.47	405	1:10.00	01.01.1800	88%
200m		11.	2:44.66	403	2:34.00	01.01.1800	87%

,   , 2010 (16   ),   2

100m		12.	1:03.61	492	1:02.00	01.01.1800	95%
50m		8.	**32.19**	481	32.80	01.01.1800	104%
100m		6.	1:09.13	477	1:09.00	01.01.1800	100%
100m		10.	1:11.49	458	1:10.00	01.01.1800	96%
200m		6.	**2:33.30**	499	2:34.00	01.01.1800	101%

,   , 2011 (15   ),   -

50m		3.	30.57	562	30.00	01.01.1800	96%
100m		1.	1:04.13	597	1:03.00	01.01.1800	97%
200m		1.	2:19.67	603	2:17.00	01.01.1800	96%
50m		2.	29.90	513	29.00	01.01.1800	94%
100m		2.	1:07.85	535	1:07.00	01.01.1800	98%
400m		1.	5:07.72	572	5:03.00	01.01.1800	97%

,   , 2010 (16   ),   3

100m		7.	1:02.21	527	1:02.00		99%
200m		6.	**2:12.91**	571	2:15.00		103%
400m		4.	**4:39.15**	561	4:40.00		101%
800m		3.	**9:38.63**	561	9:45.00		102%
100m		2.	1:08.32	459	1:07.00		96%
100m		6.	1:10.55	476	1:10.00		98%

,   , 2009 (17   ),   1

50m		4.	27.88	549	27.00	01.01.1800	94%
50m		2.	30.45	568	30.00	01.01.1800	97%
100m		2.	1:06.09	546	1:05.00	01.01.1800	97%
200m		2.	**2:26.27**	525	2:30.00	01.01.1800	105%
200m		7.	2:33.49	497	2:22.00	01.01.1800	86%

,   , 2012 (14   ),   2

200m		3.	2:10.90	598	2:08.00		96%
50m		6.	**31.74**	502	32.30	01.01.1800	104%
200m		3.	2:26.38	524	2:22.00	01.01.1800	94%
50m		5.	**30.76**	471	31.00	01.01.1800	102%
100m		5.	1:10.14	485	1:10.00	01.01.1800	100%
400m		3.	5:18.23	517	5:17.00	01.01.1800	99%

,   , 2006 (20   ),   7

50m		3.	24.66	525	24.00		95%
100m		3.	**52.48**	623	53.50		104%

"   -   ", 25   Alt-timing

200m	1.	**1:52.33**	676	1:53.00		101%	
400m	1.	**3:58.10**	708	4:00.00		102%	
200m	3.	**2:06.73**	579	2:10.00		105%	
100m	2.	**59.83**	558	1:01.00		104%	
200m	1.	**2:07.17**	627	2:08.00		101%	
400m	1.	**4:30.79**	652	4:34.00		102%	
, 2011 (15),							2
50m	6.	28.26	527	28.20	01.01.1800	100%	
50m	4.	35.30	519	34.25	01.01.1800	94%	
100m	2.	1:14.98	575	1:14.70	01.01.1800	99%	
200m	1.	2:36.01	612	2:36.00	01.01.1800	100%	
50m	7.	**31.33**	446	32.00	01.01.1800	104%	
100m	3.	**1:09.46**	499	1:09.90	01.01.1800	101%	
, 2007 (19),							1
50m	1.	23.37	617	22.89	01.01.1800	96%	
100m	2.	51.41	663	50.00	01.01.1800	95%	
200m	3.	**1:53.71**	652	1:54.00	01.01.1800	101%	
, 2006 (20),							4
50m	8.	**25.14**	495	25.50	01.01.1800	103%	
50m	3.	**27.39**	526	2:00.00	01.01.1800	1919%	
50m	3.	**26.17**	540	26.50	01.01.1800	103%	
100m	3.	1:00.58	538	1:00.00	01.01.1800	98%	
200m	4.	**2:12.18**	558	2:16.00	01.01.1800	106%	
, 2009 (17),							-
200m	5.	2:11.74	587	2:08.00	01.01.1800	94%	
800m	2.	9:14.34	638	9:10.00	01.01.1800	98%	
400m	2.	5:13.32	542	5:10.00	01.01.1800	98%	
, 2007 (19),							1
400m	3.	4:10.50	608	NT		-	
1500m	1.	16:40.44	606	16:00.00	01.01.1800	92%	
200m	4.	2:25.74	560	2:24.00	01.01.1800	98%	
200m	1.	2:09.17	566	2:04.00	01.01.1800	92%	
200m	3.	2:12.05	560	2:09.00	01.01.1800	95%	
400m	2.	**4:37.45**	606	7:00.00	01.01.1800	229%	
, 2008 (18),							-
100m	1.	50.42	703	49.95	01.01.1800	98%	
200m	2.	1:53.06	663	1:51.00		96%	
, 2008 (18),							-
50m	2.	27.21	536	26.30	01.01.1800	93%	
200m	1.	2:04.39	612	1:59.00	01.01.1800	92%	
, 2008 (18),							4
50m	1.	27.41	577	27.00	01.01.1800	97%	
100m	1.	**58.39**	637	59.00	01.01.1800	102%	
200m	2.	2:09.53	617	2:09.00	01.01.1800	99%	
400m	3.	**4:32.64**	602	4:35.00	01.01.1800	102%	
100m	1.	**1:07.81**	536	1:08.86	01.01.1800	103%	
200m	1.	**2:28.88**	545	5:00.00	01.01.1800	406%	
, 2011 (15),							1
50m	2.	27.50	572	27.21	01.01.1800	98%	
200m	1.	2:07.55	646	2:04.00	01.01.1800	95%	
400m	1.	4:25.12	655	4:20.00	01.01.1800	96%	
800m	1.	**9:04.49**	674	9:20.00	01.01.1800	106%	
, 2008 (18),							-
200m	2.	2:37.06	600	2:33.00	01.01.1800	95%	
200m	2.	2:29.11	542	2:22.00	01.01.1800	91%	
-1							16
, 2012 (14),							3
200m	45.	**2:23.41**	325	2:27.00	01.01.1800	105%	
400m	33.	**5:09.30**	323	5:10.00	01.01.1800	100%	
800m	28.	10:36.78	330	10:20.00	01.01.1800	95%	
400m	8.	**5:58.11**	281	6:00.00	01.01.1800	101%	
, 2011 (15),							3
200m	22.	**2:09.39**	442	2:11.00	01.01.1800	103%	
400m	18.	**4:38.32**	443	4:42.00	01.01.1800	103%	
200m	12.	2:22.61	406	2:22.00	01.01.1800	99%	
100m	33.	**1:07.88**	382	1:10.00	01.01.1800	106%	
, 2010 (16),							-
400m	10.	4:29.86	486	4:25.00	01.01.1800	96%	
800m	6.	9:13.58	503	9:10.00	01.01.1800	99%	
1500m	6.	17:44.30	503	17:30.00	01.01.1800	97%	

" - ", 25

Alt-timing

, 2012 (14),							-
50m		20.	29.95	442	29.50	01.01.1800	97%
100m		17.	1:04.76	467	1:04.50	01.01.1800	99%
200m		17.	2:24.43	445	2:18.00	01.01.1800	91%
400m		16.	5:16.32	385	5:05.00	01.01.1800	93%
, 2012 (14),							3
50m		61.	28.73	332	28.00	01.01.1800	95%
50m		24.	**35.17**	357	36.50	01.01.1800	108%
100m		20.	**1:16.66**	374	1:18.00	01.01.1800	104%
200m		14.	**2:43.20**	399	2:49.00	01.01.1800	107%
, 2011 (15),							-
400m		13.	4:33.10	469	4:25.00	01.01.1800	94%
50m		12.	29.24	432	29.00	01.01.1800	98%
100m		13.	1:02.07	472	1:01.00	01.01.1800	97%
200m		7.	2:13.64	493	2:11.50	01.01.1800	97%
, 2012 (14),							3
200m		19.	2:26.41	427	2:23.00	01.01.1800	95%
400m		12.	**4:59.91**	452	5:05.00	01.01.1800	103%
800m		9.	**10:20.76**	454	10:30.00	01.01.1800	103%
1500m		3.	**19:37.04**	459	20:04.00	01.01.1800	105%
, 2012 (14),							1
50m		87.	33.74	205	33.00	01.01.1800	96%
200m		58.	2:41.32	228	2:37.00	01.01.1800	95%
400m		36.	**5:37.21**	249	5:40.00	01.01.1800	102%
100m		79.	1:25.13	193	1:25.00	01.01.1800	100%
200m		30.	3:00.38	219	3:00.00	01.01.1800	100%
, 2011 (15),							1
50m		11.	25.18	493	25.00	01.01.1800	99%
100m		13.	55.21	535	55.00	01.01.1800	99%
200m		11.	2:04.00	502	2:04.00	01.01.1800	100%
100m		9.	**1:03.34**	470	1:04.00	01.01.1800	102%
, 2012 (14),							-
50m		40.	27.23	390	26.80	01.01.1800	97%
100m		34.	58.21	457	58.00	01.01.1800	99%
200m		15.	2:06.33	475	2:04.50	01.01.1800	97%
50m		21.	30.99	363	30.50	01.01.1800	97%
200m		9.	2:18.36	444	2:16.00	01.01.1800	97%
, 2011 (15),							-
200m		18.	2:06.98	468	2:06.00	01.01.1800	98%
100m		8.	1:02.59	442	1:01.00	01.01.1800	95%
100m		26.	1:06.36	409	1:04.00	01.01.1800	93%
, 2011 (15),							-
50m		20.	25.92	452	25.80	01.01.1800	99%
100m		22.	56.86	490	56.50	01.01.1800	99%
200m		23.	2:10.80	428	2:08.00	01.01.1800	96%
100m		20.	1:05.12	433	1:04.50	01.01.1800	98%
, 2011 (15),							-
50m		60.	28.71	333	27.80	01.01.1800	94%
50m		18.	33.92	397	32.80	01.01.1800	94%
100m		16.	1:15.03	399	1:13.90	01.01.1800	97%
200m		16.	2:44.02	393	2:39.00	01.01.1800	94%
50m		30.	31.36	314	30.00	01.01.1800	92%
, 2011 (15),							-
100m		26.	1:10.02	316	1:09.00	01.01.1800	97%
100m		60.	1:13.99	295	1:13.00	01.01.1800	97%
200m		21.	2:35.50	343	2:35.00	01.01.1800	99%
, 2010 (16),							1
50m		32.	26.69	414	26.50	01.01.1800	99%
100m		35.	58.31	454	57.50	01.01.1800	97%
200m		14.	2:05.62	483	2:04.00	01.01.1800	97%
400m		7.	**4:21.97**	531	4:25.00	01.01.1800	102%
800m		8.	9:23.23	478	9:16.00	01.01.1800	97%
1500m		8.	18:09.03	470	17:40.00	01.01.1800	95%
, 2010 (16),							-
50m		34.	27.10	395	26.50	01.01.1800	96%
100m		46.	1:00.15	414	59.00	01.01.1800	96%
200m		29.	2:12.56	411	2:10.00	01.01.1800	96%
400m		21.	4:43.44	419	4:40.00	01.01.1800	98%
100m		39.	1:08.92	365	1:06.00	01.01.1800	92%
, 2010 (16),							1
50m		15.	25.54	473	25.50	01.01.1800	100%
100m		16.	**56.01**	513	56.50	01.01.1800	102%
100m		16.	1:04.84	439	1:04.00	01.01.1800	97%

" - ", 25   Alt-timing

-2   11

, 2009 (17),							-
50m	2.	24.63	527	24.50	01.01.1800	99%	
100m	8.	54.31	562	53.50	01.01.1800	97%	
100m	13.	1:04.21	452	1:04.00	01.01.1800	99%	
, 2010 (16),							1
50m	5.	28.18	531	27.50	01.01.1800	95%	
50m	6.	31.74	502	31.00	01.01.1800	95%	
50m	4.	**30.59**	479	31.00	01.01.1800	103%	
, 2010 (16),							-
100m	56.	1:00.79	401	59.00	01.01.1800	94%	
100m	43.	1:09.33	359	1:08.00	01.01.1800	96%	
, 2012 (14),							-
200m	41.	2:20.08	348	2:18.00	01.01.1800	97%	
400m	24.	4:46.52	406	4:45.00	01.01.1800	99%	
800m	18.	9:51.52	412	9:45.00	01.01.1800	98%	
1500m	12.	18:41.37	430	18:30.00	01.01.1800	98%	
, 2012 (14),							3
50m	37.	**32.25**	354	33.00	01.01.1800	105%	
100m	30.	**1:11.23**	351	1:15.00	01.01.1800	111%	
100m	39.	**1:22.45**	298	1:25.00	01.01.1800	106%	
, 2011 (15),							-
50m	71.	29.78	298	29.00	01.01.1800	95%	
100m	76.	1:07.01	299	1:07.00	01.01.1800	100%	
200m	53.	2:31.99	273	2:30.00	01.01.1800	97%	
, 2012 (14),							1
800m	35.	**10:56.75**	301	11:00.00	01.01.1800	101%	
50m	40.	34.80	229	34.00	01.01.1800	95%	
100m	31.	1:17.06	237	1:16.00	01.01.1800	97%	
200m	5.	2:58.06	216	2:50.00	01.01.1800	91%	
, 2012 (14),							-
50m	67.	29.16	317	28.50	01.01.1800	96%	
100m	74.	1:06.75	303	1:04.00	01.01.1800	92%	
50m	33.	32.14	291	31.00	01.01.1800	93%	
, 2011 (15),							-
50m	63.	28.97	324	28.00	01.01.1800	93%	
100m	72.	1:06.38	308	1:06.00	01.01.1800	99%	
200m	51.	2:30.72	280	2:30.00	01.01.1800	99%	
, 2011 (15),							2
50m	17.	**29.45**	379	29.50	01.01.1800	100%	
100m	19.	**1:07.27**	356	1:09.00	01.01.1800	105%	
100m	63.	1:15.00	283	1:15.00	01.01.1800	100%	
, 2008 (18),							-
50m	23.	26.31	432	25.50		94%	
100m	28.	57.95	463	56.50		95%	
, 2008 (18),							-
100m	59.	1:01.45	388	1:00.00	01.01.1800	95%	
100m	56.	1:12.93	308	1:10.00	01.01.1800	92%	
, 2010 (16),							1
100m	67.	1:04.33	338	1:02.00	01.01.1800	93%	
100m	50.	**1:11.62**	325	1:14.00	01.01.1800	107%	
, 2009 (17),							1
50m	26.	26.40	428	25.50	01.01.1800	93%	
100m	41.	59.03	438	57.00	01.01.1800	93%	
50m	29.	32.21	323	29.00	01.01.1800	81%	
100m	18.	1:04.91	437	1:03.00	01.01.1800	94%	
200m	18.	**2:28.74**	392	2:35.00	01.01.1800	109%	
, 2012 (14),							2
50m	52.	28.03	357	28.00	01.01.1800	100%	
100m	53.	1:00.62	404	1:00.55	01.01.1800	100%	
200m	36.	**2:17.37**	369	2:20.00	01.01.1800	104%	
100m	53.	**1:12.76**	310	1:13.00	01.01.1800	101%	
, 2011 (15),							-
50m	78.	30.75	271	30.00	01.01.1800	95%	
100m	77.	1:07.75	289	1:06.00	01.01.1800	95%	
200m	49.	2:28.65	291	2:27.00	01.01.1800	98%	
50m	39.	34.69	232	34.00	01.01.1800	96%	
100m	73.	1:17.63	255	1:17.00	01.01.1800	98%	
, 2011 (15),							-
50m	38.	32.46	347	31.00	01.01.1800	91%	
50m	26.	37.42	261	36.00	01.01.1800	93%	
100m	36.	1:21.84	305	1:19.00	01.01.1800	93%	

"   -   ", 25   Alt-timing